Standard Method Performance Requirements for Vitamin C in Infant Formula and Adult/Pediatric Nutritional Formula

Method Name: Determination of vitamin C (L-ascorbic acid) in all forms of infant formula, follow-up formula, baby food, adult/pediatric formula, complementary food supplements, nutritional supplements for pregnant women and nursing mothers, and sports nutrition food.

Approved by: 
Final version date: 
Effective date: 

Intended Use: Reference method for dispute resolution.

1. Applicability
   Determination of vitamin C (L-ascorbic acid) in all forms of infant formula, follow-up formula, baby food, adult/pediatric formula, complementary food supplements, nutritional supplements for pregnant women and nursing mothers, and sports nutrition food. For the purpose of this SMPR, vitamin C is defined as the sum of L-ascorbic acid or its salts, and dehydro ascorbic acid. Reported as vitamin C (L-ascorbic acid).
   For the purpose of this SMPR, D-ascorbic acid (erythorbic acid) and ascorbyl palmitate are excluded from the definition of vitamin C.

2. Analytical Technique
   Any analytical technique that meets the following method performance requirements is acceptable.

3. Definitions
   Infant formula
   breast-milk substitute specially manufactured to satisfy, by itself, the nutritional requirements of infants during the first months of life up to the introduction of appropriate complementary feeding

   Follow-Up Infant formula
   food intended for use as a liquid part of the weaning diet for the infant from the 6th month on and for young children.

   Baby food
   intended to fulfil the particular requirements of infants in good health while they are being weaned, and of young children in good health as a supplement to their diet and/or for their progressive adaptation, to ordinary food, including processed cereal-based food and canned complementary foods.

   Adult/Pediatric Formula
Formula for special medical purposes for infants or adults. A nutritionally complete, specially formulated food, consumed in liquid form, which may constitute the sole source of nourishment, made from any combination of milk, soy, rice, whey, hydrolyzed protein, starch, and amino acids, with and without intact protein. Excluding infant formula, follow-on formula and baby food.

**Complementary food supplement**
A supplement containing a variety of micronutrients (vitamins and minerals, etc.), which contains or does not contain food matrix and other auxiliary materials. It is added to the instant food supplement for infants and young children aged 6 to 36 months. It can also be used for 37 months-60-month-old child. It can be formulated as powder, tablets or spraying agent.

**Nutritional supplements for pregnant women and nursing mothers**
Special dietary foods made with high-quality protein and a variety of micronutrients (minerals, vitamins, etc.) suitable for pregnant women and lactating mothers to supplement nutrients

**Sports nutrition food**
Specially processed foods for special needs. Formulated to meet the physiological metabolic status, exercise capacity and certain nutritional components of the sports crowd (referring to people who participate in physical exercise 3 times or more per week, each duration of 30 minutes or more, and each exercise intensity of medium or above).

**Limit of Detection (LOD)**
The minimum concentration or mass of analyte that can be detected in a given matrix with no greater than 5% false positive risk and 5% false negative risk.

**Limit of Quantitation (LOQ)**
The minimum concentration or mass of analyte in a given matrix that can be reported as a quantitative result

**Repeatability**
Variation arising when all efforts are made to keep conditions constant by using the same instrument and operator and repeating during a short time period. Expressed as the repeatability standard deviation (SDr); or % repeatability relative standard deviation (%RSDr).

**Reproducibility**
The standard deviation or relative standard deviation calculated from among-laboratory data. Expressed as the reproducibility relative standard deviation (SDr); or % reproducibility relative standard deviation (% RSDr).

**Accuracy**
The closeness of agreement between the average of an infinite number of replicate measured quantity values and a reference quantity value.

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1 Corresponds to the VIM definition for “trueness/trueness”.
Recovery
The fraction or percentage of spiked analyte that is recovered when the test sample is analyzed using the entire method.

Vitamin C (ascorbic acid)
L-ascorbic acid, with the exception of D-ascorbic acid (erythorbic acid).

4. Method Performance Requirements
See Table 1.

<table>
<thead>
<tr>
<th>Table 1. Method performance requirements</th>
<th></th>
</tr>
</thead>
<tbody>
<tr>
<td>Analytical range</td>
<td>1-250 mg/100 g</td>
</tr>
<tr>
<td>Limit of Quantitation (LOQ)</td>
<td>1.0 mg/100 g</td>
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<tr>
<td>Recovery</td>
<td>90-110 % of mean spiked recovery</td>
</tr>
<tr>
<td>Repeatability (RSD_r)</td>
<td>1-10 mg/100 g ≤ 10 %</td>
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<td></td>
<td>&gt; 10 mg/100 g ≤ 5%</td>
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<tr>
<td>Reproducibility (RSD_R)</td>
<td>1-10 mg/100 g ≤ 15 %</td>
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<tr>
<td></td>
<td>&gt; 10 mg/100 g ≤ 10%</td>
</tr>
</tbody>
</table>

a Concentrations apply to products as consumed:
For infant and follow-on formulas: (1) 'ready-to-feed" liquids "as is"; (2) re-constituted powders (25 g into 200 g of water); (3) liquid concentrates diluted 1:1 by weight. For other products depending on specific instructions for preparation.

b For all concentrations, vitamin C is expressed as mg/100 g of products as consumed.

5. System suitability tests and/or analytical quality control
Suitable methods will include blank check samples, and check standards at least at the lowest point and midrange point of the analytical range.

6. Reference Material(s)
NIST Standard Reference Material® (SRM) 1869 Infant/Adult Nutritional Formula II, or equivalent. The SRM is a soy, whey, and milk protein concentrate-based, hybrid infant/adult nutritional powder, prepared by a manufacturer of infant formula and adult nutritional products. The certified NIST value for SRM 1869 is 897 ± 43 mg/kg as ascorbic acid.

7. Validation Guidance
Recommended level of validation: Official Methods of AnalysisSM.

8. Maximum Time-To-Result
No maximum time.